

# Longève®

## Put More Plants On Your Plate

At Longève Brands, we're on a mission to change perceptions of plant-based proteins while making the world a healthier, happier place by creating foods that are good for people, sustainable for the earth and do not compromise on taste, texture, or appearance. All of our products are gluten-free, certified plant-based, soy free, and non-GMO. Not only are they highly nutritious and convenient, they're also shelf stable, versatile, clean label, and deeply satisfying.



### CLEAN-LABEL

One core ingredient - sustainably grown premium pea protein.



### SHELF STABLE

With an exceptional 2-year shelf life.



### NUTRITIOUS

High in protein, low carb, low fat, and zero sugars.



### VERSATILE

Their neutral flavor profile and hearty texture of our **crumbles** lend themselves to any sauces, seasonings, cuisine, or day part. Use our **breadcrumbs** to coat fish, chicken, and vegetables, top casseroles and bind meatballs or meatloaf.



### COST EFFECTIVE

**3 ounces** of dry Longève crumbles is **equal to 1 lb. of ground meat** when hydrated.



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### UNSEASONED PLANT-BASED PROTEIN CRUMBLES

Our hero product. Replaces ground meat in any recipe with 20g of protein per serving.

**Ingredients:**  
Texturized pea protein

**Pack Size:**  
8.82 Lbs.

**CASE ID #:**  
20000



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for all Longève  
products!



### MIGHTY CRUMBLES

Ideal for high volume production, with a smaller particulate than our Unseasoned crumble. 18g of protein per serving.

**Ingredients:**  
Texturized pea protein

**Pack Size:** 22 Lbs. **CASE ID #:** 20005



### CHOPPED CRUMBLES

Incorporates wheat protein for a larger, denser crumble to be used in place of a diced meat. 23g of protein per serving.

**Ingredients:**  
Texturized wheat & pea protein

**Pack Size:** 15.4 Lbs. **CASE ID #:** 20004



### ORIGINAL BREADLESS CRUMBS

A traditional crumb perfect for topping casseroles and using as a binder for meatballs, meatloaf, etc.

**Ingredients:**  
Texturized pea protein

**Pack Size:** 22 Lbs. **CASE ID #:** 20001



### PANKO BREADLESS CRUMBS

A flakier crumb perfect for breading fish, meat, tofu and veggies.

**Ingredients:**  
Texturized pea protein

**Pack Size:** 22 Lbs. **CASE ID #:** 20002



### HOW TO COOK LONGÈVE CRUMBLES:

**Step 1:** Mix two-parts Longève crumbles to one-part hot liquid and let bloom for 5 minutes.

**Step 2:** Once rehydrated, simply sauté crumbles in your preferred cooking oil, season and brown them as you would any ground meat.

### HYDRATION

	Pack Size	Ratio	Yield lbs.	Yield oz.
Unseasoned Crumble	8.8 lbs.	2:1	46.9 lbs.	750 oz.
Mighty Crumble	22 lbs.	2:1	117.2 lbs.	1876 oz.
Chopped	15.4 lbs.	2:1	82.8 lbs.	1324 oz.