



ROASTED SNACKS

Sunrich Snacks Roasted Snacks

From the prairie to your pantry, Sunrich Snacks makes life delicious. We source the highest quality ingredients from our trusted growers and stay involved in every step of the process, delivering great tasting snacks from seed to table.

- ☒ NO NUTS!*
- ☒ GLUTEN FREE
- ☒ VEGETARIAN
- ☒ KOSHER
- ☒ NON-GMO SUNFLOWER
- ☒ HALAL CERTIFIED

*packaged in a facility that does not process or package peanuts or tree nuts



Product	NSLP	Smart Snacks in Schools	Case Pack	Unit UPC	Item #
Chickpeas: Sea Salt	1 oz. eq Meat Alternate 1/4 cup Legume Vegetable		150/.75 oz.	8-10304-03012-8	1234817
Chickpeas: Farmhouse Cheddar	1 oz. eq Meat Alternate 1/4 cup Legume Vegetable		150/.83 oz.	8-10304-03015-9	1234818
Sunflower Kernel: Roasted & Salted	1 oz. eq Meat Alternate	✓	150/1 oz.	10850059916008	1252553
Sunflower Kernel: Honey Roasted	1 oz. eq Meat Alternate	✓	150/1.2 oz.	20850059916012	1252554
Sunflower Kernel: Blazin' Hot	1 oz. eq Meat Alternate		150/1.2 oz.	8-10304-03213-9	1231781

SUNFLOWER

ROASTED & SALTED

Nutrition Facts	
Serving size	1 package (28g)
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 14g	18%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 6g	2%
Dietary Fiber 3g	11%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 24mg	2%
Iron 1mg	6%
Potassium 136mg	2%
Vitamin B ₆ 0.2mg	10%
Zinc 1mg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Sunflower Kernels, Sunflower Oil, Salt.

SUNFLOWER

HONEY ROASTED

Nutrition Facts	
Serving size	1 package (34g)
Amount per serving	
Calories	190
% Daily Value*	
Total Fat 15g	19%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 65mg	3%
Total Carbohydrate 11g	4%
Dietary Fiber 3g	11%
Total Sugars 5g	
Includes 4g Added Sugars	8%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 21mg	2%
Iron 1mg	6%
Potassium 249mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Sunflower Kernels, Sugar, Sunflower Oil, Honey, Salt, Maltodextrin, Xanthan Gum.

SUNFLOWER

BLAZIN' HOT

Nutrition Facts	
Serving size	1 package (34g)
Amount per serving	
Calories	200
% Daily Value*	
Total Fat 17g	22%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 8g	3%
Dietary Fiber 3g	11%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 6g	8%
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1mg	6%
Potassium 162mg	4%
Vitamin E 12mg	80%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Sunflower Kernels, Sunflower Oil, Blazin' Spice Blend (paprika, corn flour, salt, maltodextrin, citric acid, cheddar cheese (milk, salt, cultures, enzymes), sugar, autolyzed yeast extract, spice, buttermilk, natural flavor, onion powder, garlic powder, lactic acid, spice extractive, annatto extract, silicon dioxide added to prevent caking), Contains: Milk

CHICKPEAS

SEA SALT SEASONED

Nutrition Facts	
Serving Size	1 package (21g)
Amount Per Serving	
Calories 100	Calories from Fat 40
% Daily Value*	
Total Fat 4.5g	7%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 12g	4%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 4g	6%
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 4%

Ingredients: Chickpeas, Sunflower Oil, Maltodextrin, Sea Salt, Citric Acid, Natural Flavor, Soybean Oil, Tricalcium Phosphate

CHICKPEAS

FARMHOUSE CHEDDAR NATURALLY FLAVORED

Nutrition Facts	
Serving Size	1 package (24g)
Amount Per Serving	
Calories 110	Calories from Fat 40
% Daily Value*	
Total Fat 4.5g	7%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	5%
Total Carbohydrate 13g	4%
Dietary Fiber 2g	8%
Sugars 3g	
Protein 4g	6%
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 4%

Ingredients: Chickpeas, Sunflower Oil, Tomato Powder, Whey Powder, Cheddar Cheese (milk, cultures, salt, enzymes), Sea Salt, Garlic Powder, Buttermilk Powder, Spice, Onion Powder, Silicon Dioxide, Citric Acid, Natural Flavor, Paprika Oleoresin (color), Disodium Phosphate, Salt, Tricalcium Phosphate, Sunflower Oil, Gum Arabic, Medium Chain Triglycerides. Contains: Milk



info@sunrich.com
218.281.4944

www.sunrich.com